



WEEK of **PRAYER**  
& **FASTING**

November 3 - 7, 2008

# Teaching Prayer & Fasting

**Matthew 6:5-18**

**“Our Father which art in heaven,  
Hallowed be thy name.**

**Thy kingdom come.**

**Thy will be done in earth, as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our debts,  
as we forgive our debtors.**

**And lead us not into temptation,  
but deliver us from evil:**

**For thine is the kingdom,**

**and the power,**

**and the glory,**

**for ever.**

**Amen.”**

# When you pray.

- *“Our Father”* - Address.
- *“Hallowed”* - Worship or adoration.
- *“Your kingdom come”* - Christ’s return.
- *“Your will be done”* - God’s will.
- *“Give us”* - Requests.
- *“Forgive us”* - Confession and repentance.
- *“Deliver us”* - Protection.

# Prayer Quotes...

When people would walk through the Metropolitan Tabernacle, Spurgeon would take them to **the basement prayer room where people were always on their knees interceding for the church.** Then Spurgeon would declare, **“Here is the powerhouse of this church.”**

“Let the fires go out in the boiler room of the church and the place will still look smart and clean, but it will be cold. **The Prayer Room is the boiler room for the churches spiritual life.**” --Leonard Ravenhill

# When you Fast.

- Jesus and Fasting:

- Matthew 4:1-9 - He fasted.

- Matthew 6:16-18 - He taught about fasting.

- Matthew 9:14-17 - Expected us to fast.

- Matthew 17:14-21 - Combined prayer and fasting.

- Corporate Fasts:

- Acts 13:1-3 - the Holy Spirit set apart missionaries.

- Acts 14:21-23 - selecting Elders.

# Fasting Quotes.

**“Fasting is not an end in itself; it is a means by which we can worship the Lord and submit ourselves in humility to Him.** We don’t make God love us any more than He already does if we fast, or if we fast longer.

**Fasting invites God into the problem. Then in the strength of God, victory is possible.”** - Elmer L. Towns

**“fasting – the humble, hungry handmaid of faith – is an emissary of grace.”** - John Piper



WEEK of **PRAYER  
& FASTING**

November 3 - 7, 2008

**Please Join us this week  
as we pray and fast.**

**Monday - Friday, 8pm**

**In the Sanctuary.**